

NOVEMBER 2024

ARBOR VITAE WOODRUFF SCHOOL LUNCH STUDENT: \$3.20 ADULT: \$4.20 MILK: \$.50



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 28 Swedish Meatballs Mashed Potatoes Fresh Carrots WG Dinner Roll ALT: Popcorn Chicken w/ Dinner Roll | Chicken Taco Seasoned Rice Refried Beans Corn Fresh Tomato ALT: Cheeseburger | WG Pancakes Cheese Omelet Potato Smiles Fresh Cucumbers ALT: Chicken Sandwich | Rotini Pasta w/31 Meatballs & Sauce WG Bread Stick Steamed Mixed Vegetables Fresh Broccoli ALT: Hot Dog | No School In-service |
| WG Chicken 4 Nuggets Dinner Roll Steamed Green Beans Fresh Tomatoes | Beef Taco Seasoned Rice Sweet Corn Fresh Carrots Salsa | Mac & Cheese W/WG Crackers Roasted Broccoli Fresh Cauliflower | 7 Mini Corn Dogs Baked Beans Steamed Carrots Fresh Cucumbers | Pizza Dippers Marinara Steamed Peas Fresh Red Peppers WG Cookie |
| ALT: Meatball Sub | ALT: Sweet & Sour Chicken | ALT: Cheeseburger | ALT: Chicken Sandwich | ALT: Hot Dog |
| Cheese Quesadilla Seasoned Rice Steamed Peas Fresh Tomatoes ALT: Chicken Sandwich | Beef Nachos Seasoned Rice Sweet Corn Refried Beans Salsa ALT: Cheese Quesadilla | 13 WG French Toast Sticks Cheese Omelet Tater Tots Fresh Cucumbers ALT: Hot Dog | 14 Popcorn Chicken WG Crackers Steamed Green Beans Fresh Cauliflower ALT: Cheeseburger | Cheese Pizza Steamed Broccoli Fresh Red Peppers WG Cookie |
| Cheeseburger 18 Steamed Peas Fresh Tomatoes ALT: Chicken | Beef Taco Seasoned Rice Steamed Mix Vegetables Fresh Broccoli Salsa | Grilled Cheese Tomato Soup Steamed Green Beans Fresh Carrots | Hot Dog 21 Baked Beans Steamed Peas Fresh Cucumbers | ALT: Chicken Sandwich Pizza Dippers Marinara Steamed Carrots Fresh Celery WG Cookie |
| Tenders w/ WG Roll | ALT: Sweet & Sour | ALT: Chicken Waffle | ALT: Chicken Nuggets w/WG Roll | ALT: Hot Dog |

Pb & J Uncrustable

3-8th

Deli Sandwich PB & J Uncrustable

> **Entree Salad Yogurt Parfait**

BeWell Healthy Choice Vegetarian (Ovo-Lacto)

Local

Fresh Picks



